



Back to school

CONESTOGA PUBLIC SCHOOLS TOWNHALL & PARENT PACK INFORMATION

 A BIG WELCOME TO OUR NEW STAFF!! 

ELEMENTARY

Mrs. Katherine Bloch – 2nd grade
Mrs. Jessica McCain – 4th grade
Mr. Colten Krause – 5th grade

JR. – SR. HIGH SCHOOL

Mrs. Brooke Iverson – Junior High ELA
Mr. Nick Hegge – Social Studies
Ms. ReAnn Schreiner – 9–12 Math

We would like to extend our sincerest gratitude to Mrs. Robin Frost, most previously our Director of Curriculum, Instruction and Assessment, for her service and dedication to the Conestoga District community over the past 26 years!!
Enjoy retirement Mrs. Frost!

ADMINISTRATION

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Superintendent
DR. BETH JOHNSON
(402) 235. 2992
(402) 227. 2992

Jr. – Sr. High Principal
MR. ROB GEISE
(402) 235. 2271
(402) 227. 3745

Elementary Principal
MR. ERIC DENNIS
(402) 235. 2341
(402) 227. 3745

Director of Curriculum,
Instruction and Assessment
MRS. LISA BERGMAYER
(402) 235. 2271
(402) 227. 3745

Director of Student Services
MRS. AMANDA WRIGHT
(402) 235. 2271
(402) 227. 3745

Conestoga Public Schools
104 E. High St – Elementary
8404 42nd St – High School
P.O. Box 184
Murray, NE 68409
www.conestogacougars.org

DR. BETH JOHNSEN, SUPERINTENDENT

WELCOME BACK TO A SCHOOL YEAR THAT WE'LL NEVER FORGET!

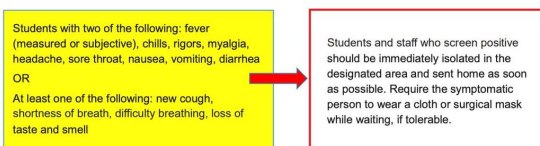
Since our last day of in-the-building school on March 13, 2020, our days have been filled with many different experiences and limitations. Conestoga Public School is planning to open school on August 18, 2020, (with an early dismissal day) and conduct school in our GREEN Plan (classified as Low/No Spread). As of the printing of this newsletter, the Nebraska Direct Health Measures (DHMs) may be changed and we would change our plans to accommodate Spread and State Phases mandates.

We'll include a brief overview of the plan (quick reference) and you can also find the complete and up-to-date plan on our district webpage: www.conestogacougars.org

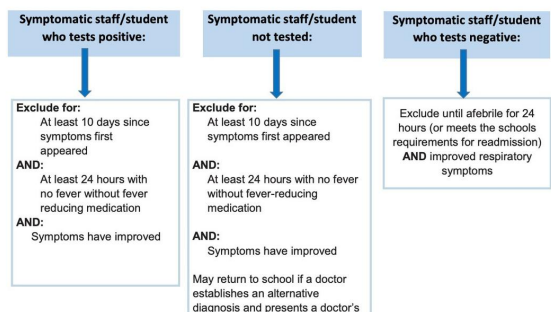
Conestoga Public Schools will be observing the following ReOpening Plan; following the guidelines and directives of Governor Ricketts, our Sarpy/ Cass County Health Director, and the Nebraska Department of Education. This quick reference guidance is part of our complete ReOpening Plan, which can be found on our district webpage: www.conestogacougars.org . Dated: July 23, 2020.	
eLearning/ remote classes will be offered to students that are staying home. Conestoga will be offering remote/ eLearning classes and classes within the schoolhouses. Parents are encouraged to contact our Director of Student Services Amanda Wright, if they would like to have their child(ren) in the eLearning program. Email your information to: awright@conestogacougars.org .	
LOW/ NO SPREAD Buildings Open as Usual School buildings are open, with minimal restrictions. The district may choose to initiate preventative practices or additional proactive protocols.	
Calendar	School will start on August 18, 2020, with a regular district calendar in place
Entering the Building	Buildings are open implementing standard operating procedures while taking preventative measures such as: <ol style="list-style-type: none">1. Students, staff, & visitors will be required to wear a mask and use hand sanitizers and washing stations to wash their hands with soap and water for 20 seconds.2. Have students report directly to classrooms when they arrive to school.3. Post signage in classrooms, hallways, and entrances to communicate how to minimize the spread. Covid-19 symptoms, preventative measures, good hygiene, and school specific protocols.
Positive Case in the School & Isolation Room for Symptomatic Students	<ol style="list-style-type: none">1. The Cass/Sarpy County Department and Health Director will conduct a contact tracing of the positive case connected to others who were determined to be at risk of the virus.2. The Cass/Sarpy County Health Director will contact all students/staff and ask them to get tested for the COVID-19.3. The Director will give directives on the procedures for both positive and negative test results.4. Students and/or staff will need to let the building principal know of positive cases. This information will provide the additional preventative/ precautionary cleaning measures and remote learning plans for those affected.5. Building administrators and the nurse will identify an isolation room or area to separate anyone who exhibits COVID-19 like symptoms.
Attendance	<ol style="list-style-type: none">1. Full day attendance for students.2. Students that are at home will be expected to maintain a learning schedule arranged by the building principal and/or IEP/HEP Plan.3. Attendance will be taken for remote learners, as well as, students attending classes in the buildings.
Grading	<ol style="list-style-type: none">1. Assessing will be done on student progress. Using PowerSchool.2. Remote learning students will be assessed of their learning progress.
Technology Needs	<ol style="list-style-type: none">1. All Pre-K through 12th graders will have a technology device to use in school and at home.2. Students/ Parents/ Staff will be trained on use of the device and programs.3. The students will have a single sign-on app that will provide ease to use assigned programs/ apps.4. New devices used by students in grades 4-12 will be required to pay the \$35 user-fee.5. Families that do not have Wifi service will need to provide evidence to the district. A limited number of hotspots will be available to families that do not have Internet service.
Screening	<ol style="list-style-type: none">1. Daily pre-screening measures will be done by parents before students leave home. Parents will be expected to monitor their children for COVID-19 symptoms and other sicknesses.2. The Nurse will send home information on pre-screening actions for families to use as a daily guide.3. Parents will notify the school office when their child will not attend school.4. Students who exhibit symptoms at school will go to the school nurse immediately.5. The School Nurse will contact parents immediately and expect parents to make arrangements to pick up their child immediately.
PPE Face Masks	<ol style="list-style-type: none">1. Students and staff will be required to wear masks in hallways, while entering and exiting the buildings, and in other areas where proper social distancing cannot be achieved.2. When a classroom instructor deems social distancing has been achieved in the classroom, facemasks may be removed. Students may choose to continue to wear masks for the day.3. The district will supply 2 cloth masks per student and will ask families to launder the masks after a one-day use. Extra paper masks will be on hand too. Families can also provide their children with face masks.4. Teachers may ask students to wear masks in the classrooms, if an activity has students working together in a space that is less than the 6-foot social distancing guideline.

Visitor Restriction	<ol style="list-style-type: none"> 1. Visitors and vendors will need to make an appointment to be within the building. 2. Restricted areas will be observed and designated meeting areas will be arranged by staff. 3. Parents, who need to drop-off or pick-up students or things will need to remain in designated areas only, determined by district.
Social Distancing	<ol style="list-style-type: none"> 1. Each building will develop a social distancing plan and procedure for the classrooms, hallways, restrooms, gym, cafeteria, and all other learning environments. 2. Classrooms will create learning environments that provide the safe "social distancing" practice. Student learning-areas, such as desks, will be arranged to manage a daily learning environment that is productive, comfortable, and safe. 3. Students will be grouped within elementary grades and classrooms that minimize the potential of viral spread. 4. Class sizes will remain under 20 students per room, with most averaging around 16 students. 5. Within the elementary classrooms, groups of students will have their defined space within the classrooms, which will limit the contact to just the students within their (3 or 4 student) group. Teachers will work to organize cohesive groups that will work well together. 6. Junior High and High Students will have a 4-block class schedule, which will limit the contact of students that they will encounter during school hours. The secondary teachers will also develop groups/teams of students within a class, that reduces the amount exposure to others. 7. The passing in the hallways between classes will have a one-way directional movement and encourage the 6-foot spacing. 8. Larger areas within the buildings, such as the gyms, cafeterias, commons, playgrounds, outside spaces, will be used more often.
Student/ staff desks & Classrooms	<ol style="list-style-type: none"> 1. All classrooms will have cleaning supplies available to clean rooms/desks between classes. 2. Classroom teachers will designate who will be responsible for this cleaning. Such as older students are able to clean their own spaces; younger student-spaces may be cleaned by staff.
Cafeteria/ Commons Areas/ School Breakfast & Lunch	<ol style="list-style-type: none"> 1. The Cafeteria/ Commons will be arranged to accommodate a social distance spacing for students to feel comfortable and relax during their lunch time. 2. Assigned seating per tables with common groups of students will be practiced. 3. Limited seating per table-group will be observed. 4. Additional lunch groups/ periods will be scheduled per building and practice the 6-foot distancing while waiting in line to collect lunch. 5. Breakfast will be a grab-n-go sack and students will eat in their first period class/ homeroom. 6. Lunch items may be limited in choice and also the student "choice of items" will be limited.
Buses	<ol style="list-style-type: none"> 1. Midstates School Bus Company will be sending out information on practices and procedures. 2. Transportation on buses and vans will observe the social distancing practices. 3. The bus driver will monitor on each bus to ensure that passengers are adhering to health and safety expectations and social distancing practices. 4. Bus drivers and monitors will wear masks at all times while transporting students. 5. All students and staff will apply hand sanitizer as they enter the vehicle. 6. Movement on buses/ vans will be more restricted, where students will be assigned seats and not allowed to move around. 7. Bus Drivers will instruct procedurally how to safely disembark students, while other students are left on the buses; dropping off students at the elementary on the morning routes and dropping off all students on the afternoon routes. 8. Students load the back seats first, as each student gets on. Families will sit together in seats, when needed. Disembarking should happen from front to back, minimizing the exposure. 9. Bus Drivers will sanitize all surfaces after every route or trip. 10. Drivers will stay home if they have a fever or other COVID-19 related symptoms.
Schedules & Class Size	<ol style="list-style-type: none"> 1. The building principals will develop master schedules that reduce the number of students per classroom. 2. Elementary students will not rotate to other classrooms. Students will remain in their classrooms for the academic subjects. Students will have "specials", like music, art, PE, library/ technology. Specials Teachers will develop safe plans of learning and interaction for students when participating.
	<ol style="list-style-type: none"> 3. The Junior/ Senior High Schools will have a 4-period block schedule which reduces the student contacts and passing periods within the building. Classes will be approximately 1.5 hours in length with teachers scheduling breaks within each period. Tuesday/ Thursday classes and Wednesday/ Friday classes will coordinate the course structure. 4. The district will have beginning of the year staff workdays to provide the training and support for all staff to design social-distancing classrooms, safety procedures within the classrooms and buildings, and lesson planning. 5. Staff will develop and coordinate practices and procedures that provides activities that are engaging and also safe for social-distancing needs. 6. Teachers will have PD on developing dual learning lessons for students attending class within the schoolhouse and students learning remotely from home. Teachers will utilize technology for both modes of learning. Teachers will work to join the learning environments of both settings.
NSAA Fall Activities	<ol style="list-style-type: none"> 1. Full practice and competitions. 2. For away contests, Activities Director should contact host school district to determine local guidelines for competition. 3. For any significant changes or special conditions that impact parents/visitors/spectators, communicate those to stakeholders in advance.
FFA, FCCLA, FBPA, SkillsUSA	<p>Implement standard operating procedures while taking preventative measures such as:</p> <ol style="list-style-type: none"> 1. Providing hand sanitizer for students and staff. 2. Allowing students and staff to wear face masks/coverings. 3. Follow social distancing practices established. 4. Each individual school or student chooses to attend an activity or not.

The following symptom screening criteria for ill students and staff is based on the most current research. Because people with COVID-19 have reported a wide range of symptoms – ranging from mild symptoms to severe illness, the following criteria has been developed to assist schools in identifying presumptive positive COVID-19 cases.



Re-Admittance to School



There is no reason for a student or staff member to get a "negative test" to be cleared for the return to school. A COVID-19 positive individual does not need a repeat COVID-19 test or a doctor's note in order to return.

If a student or staff member tests positive for COVID-19, please call the Sarpy/Cass County Health Department at 402.537.6970 or 402.506.1553.

7/23/20

Adapt from the Douglas County Health Department

We're including the most recent Sarpy/Cass County Health Department Recommendations for Screening, Exclusion, and Re-Admittance for Schools. If you are experiencing any of the symptoms, please contact the Sarpy/Cass County Health Department at 402-537-6970. They will help you with what to do for possible testing and/or if you have tested positive for COVID-19. They're a great resource and very helpful.

These are the following questions that we will ask families to review every morning with all of their children before you send them to school.

- How are you feeling today?

Other things to review

- Are you experiencing any of the following? Cough, shortness of breath, sore throat, fatigue, chills, loss of smell, loss of taste, nausea or vomiting, congestion or runny nose, diarrhea.
- Has your child been diagnosed with COVID-19 or been around any one that has been diagnosed with COVID-19?
- Have you or anyone in your household been asked to self-quarantine at home by a primary care provider or public health official?
- Please take your child's temperature every morning; any temperature of over 100.4, the child will need to stay home from school.
- Call the school if your child(ren) are experiencing any of these symptoms and our building nurses will help you with what you could do.

We know that everyone has levels of anxiety about attending school. Please remember that we're here to help everyone and contact your child's teacher(s), principal, and myself, when you have questions. My district office number is: 402-235-2992.

The District's homeless liaison is Dr. Beth Johnsen, Superintendent. Students in homeless situations who require assistance should contact the liaison at 402-235-2992 or 402-227-2992 or in person at Conestoga District Office 8404 42nd Murray, NE 68409

POLICY 5045: STUDENT FEES

The District's general policy is to provide free instruction in accordance with the Nebraska State Constitution. The District also provides activities, programs and services that extend beyond the minimum level of constitutionally required free Instruction. Under the Public Elementary and Secondary Student Fee Authorization Act, the District is permitted to charge students fees for these activities or to require students to provide non specialized equipment and attire for certain purposes. This policy is subject to further interpretation or guidance by administrative or Board regulations. Students are encouraged to contact their building administration, their teachers or their coaches and sponsors for further regulations.

POLICY 5052: SCHOOL WELLNESS

The policy is also available in printed form in each building office. The superintendent is responsible for coordinating the implementation of this policy and for monitoring the district's progress in meeting the goals established by this policy. The superintendent will periodically report to the board on the district's progress in implementing this policy

All Board of Education Policies are available on the school district website at www.conestogacougars.org under the Board of Education tab

EMPLOYMENT OPPORTUNITIES

Applications are currently being accepted for substitute clerical, paraprofessionals, food service and teachers. Interested applicants should contact the Superintendent's office, 8404 42nd Street, P.O. 184, Murray NE, call 235-2992 or 227-2992 to file an application. Conestoga Public Schools is an Equal Opportunity Employer. A substitute is a person that can be called to help out on specific days.

CONESTOGA PUBLIC SCHOOLS CHILD FIND

In compliance with Nebraska State Statutes and the Nebraska Department of Education Rules and Regulations, all children with disabilities (birth to age 21), residing in the State, including children with disabilities who are homeless children or wards of the State and children with disabilities attending nonpublic schools, regardless of the severity of their disabilities, and who are in need of special education and related services, shall be located, identified, and evaluated. A practical method shall be developed and implemented to determine which children with disabilities are currently receiving needed special education and related services. For infants and toddlers, districts shall demonstrate targeted efforts to meet the needs of children from historically underserved populations, particularly minority, low-income, inner-city and rural populations, and children with disabilities who are wards of the state. 92NAC 51-006.01

If you, as a district resident, believe that you have a child who may need special education services, please contact Amanda Wright, Director of Student Services, at 402-235-2271 for more information regarding these services.

TEXTBOOK LOAN

Pursuant to NDE Rule-4, the Conestoga Public Schools participate in the textbook loan to private school children attending an approved private school under NDE Rule 10. To make application of loan of textbooks, contact the Superintendent of Schools.

EQUAL OPPORTUNITY

USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individual who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877- 8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov

BIRTH CERTIFICATE REQUIREMENT IS A LAW!!

All new enrolling students and kindergarten students must provide a certified copy of the student's birth certificate or other reliable proof of the student's identity and age accompanied by an affidavit explaining the inability to produce a copy of the birth certificate. There is a thirty day period in which this may occur. Failure to comply shall cause the school district to notify the parents or guardian in writing. If after ten days, compliance has not occurred, the matter shall be reported to the local law enforcement agency. There is an immunity clause protecting schools from civil or criminal liability.

IMMUNIZATIONS AND PHYSICALS

Students enrolling in the school district shall submit proof of immunization against measles, mumps, rubella, poliomyelitis, diphtheria, pertussis, tetanus, hepatitis B, and chicken pox (varicella) as required by law. The student may be admitted provisionally to the school if the student has not yet completed the immunization process but is in the process of doing so. *Contact the school office for a summary of school immunization rules and regulations. Failure to meet the immunization requirement will be grounds for suspension, expulsion or denial of admission. Students enrolling in preschool, kindergarten, beginner grade, 7th grade or students transferring to any grade in the district from out of state shall have a physical examination by a licensed physician, physician's assistant or nurse practitioner within six months prior to the entrance and provide proof of such an examination to the school district.

A physical form stating the results of a physical examination and signed by a physician, physician assistant, or an advance practice registered nurse must be on file before the first day of school at Conestoga Public Schools. The physical exam may be waived in writing. The sports physicals may NOT be waived. Students entering school for the first time, including kindergartners and transfer students from out of state, will be required to provide proof of a vision evaluation taken within six months prior to the student's entrance. The vision evaluation may be waived in writing. Additional information is available from the school office and Parent-Student Handbook, which each student will receive the first day of school.

A NOTE FROM THE JR./SR. HIGH PRINCIPAL

MR. ROB GEISE

I hope you're staying healthy and safe! My name is Mr. Rob Geise and I am the Jr/Sr High Principal at Conestoga Public Schools. Conestoga is a special place and it's a privilege to serve the students of the district. The perseverance and flexibility shown by our students and parents to finish last school year was amazing. On July 11th our seniors finally got the graduation ceremony they deserved! If you'd like to watch the ceremony, here is the link: <https://www.youtube.com/watch?v=pIB426viKIM&t=2401s>
Well done Class of 2020!



The staff and I are excited for the 2020–2021 school year! We know there is additional anxiety as we start the year, but we promise you that your child will not only receive the education they deserve, but a safe and caring environment. We take pride in providing a “student–centered” environment. Teaching is focused on research–based best practices to ensure all students are growing and reaching their full potential. The technology we possess and the training our teachers receive, not only supplements and enhances the learning environment, but helps us excel.

We ask that you to take an active role in your child's educational endeavors and with your support and involvement, we can ensure your child is successful and has a positive experience. The school webpage is a great place to find important information pertaining to the school. The website is www.conestogacougars.org.

We will not be holding a district Open House this year. However, we will be doing some things “virtually” so the students can learn some basic classroom procedures as well as see and hear their teacher prior to the first day of school.
We will be holding a 7th grade orientation on Thursday, August 12th at 6:00 pm at the Jr/Sr High School.

Information will be sent directly to the 7th grade parents via ParentSquare. School specific information for the Jr/Sr High School will be shared via ParentSquare. Updates will also be shared via Twitter at @c1stoga. In addition, please feel free to call or email with questions. Stay safe and healthy Conestoga! Go Cougars!

Suggested Materials For the 2020–2021 School Year

Spiral notebooks (one per class)
Pencils and pens (avoid red ink)
Change of clothes and clean gym shoes if enrolled in a PE / Weights
Book covers for textbooks (brown paper bags can be used)

Optional Items:

A “Trapper–Keeper” style of notebook
(if child or parent feels it's needed for organization)
TI–34 Calculator (Each Math Teacher will provide one, but this will be the calculator used in grades 7–12)
A small box of tissues for student's hallway locker
Hand Sanitizer for student's hallway locker

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REMOTE LEARNING OPTION FOR THE 2020–2021 SCHOOL YEAR

DIRECTOR OF STUDENT SERVICES, MRS. AMANDA WRIGHT

As we continue to make plans for the beginning of the school year, there are still many unanswered questions due to COVID 19. While we know we are facing uncertainty, we want to assure parents, teachers, students, and community members that we are all working towards the same goal of providing an excellent education to Conestoga students.

As part of our commitment to providing a first–rate education, starting during the Fall of the 2020–2021 school year, we will be offering the option of remote learning for those students who have an underlying health condition, have a family member that is at a higher risk for COVID 19 complications, or for parents who feel it is in the best interest of their child(ren) to participate in school remotely. If you are interested in your child participating in remote learning, please email Amanda Wright at awright@conestogacougars.org. You will be contacted and provided more information about remote learning plans for the upcoming school year.

CONESTOGA ELEMENTARY STUDENT SUPPLIES 2020-2021

IT IS SUGGESTED ELEMENTARY STUDENTS BRING A BOOKBAG TO SCHOOL EVERY DAY. STUDENTS NEED TO WEAR TENNIS SHOES ON P.E. DAYS. A SECOND PAIR OF SHOES MAY BE KEPT AT SCHOOL.

PRESCHOOL

RECOMMENDED SUPPLIES

Full size back pack
1 pkg Pipsqueak skinny markers
1 box of crayons
4 glue sticks
1 two pocket folder
1 bottle of glue
1 box of facial tissue
Pencil box

LABEL ALL RECOMMENDED ITEMS THEY WILL NOT BE SHARED

SUGGESTED DONATED ITEMS

Bring the following donated items according to the first letter of your child's last name (no need to label donated items)

A-H

Foam Stickers (ABC)
1 bag of uncooked rice

I-O

Foam stickers (animal or character)
Jumbo self adhesive jewels

P-Z

Cardstock paper
Quart ziplock bags
4 pk of playdough

KINDERGARTEN

RECOMMENDED SUPPLIES

Large Bookbag (label please)- must have
Beach towel or small blanket NO PILLOW- MUST HAVE
1 pink eraser
1 box of 24 crayons
1 pkg of dry erase markers
Pencil box

LABEL ALL RECOMMENDED ITEMS THEY WILL NOT BE SHARED

SUGGESTED DONATED ITEMS

2 boxes 200 ct facial tissue

Bring 1-2 snacks each month for entire class (individually wrapped)

FIRST GRADE

RECOMMENDED SUPPLIES

Bookbag
Scissors
2 boxes low odor dry erase markers
1 fun folder
4 pink rectangular erasers
4 three pronged plastic folders (1 green, 1 purple, 1 blue, 1 red)
2 boxes of 24 crayons
36 #2 pencils (good quality)
5 glue sticks
Markers
Colored pencils
Pencil box
1 pkg of 4 highlighters

LABEL ALL RECOMMENDED ITEMS THEY WILL NOT BE SHARED

SUGGESTED DONATED ITEMS

1 large box/bag of individually wrapped class snacks
2 boxes 200 ct facial tissue
Earphones (their own set) headset style preferred
Magic erasers
Ziplock bags (sandwich or quart)

SECOND GRADE

RECOMMENDED SUPPLIES

1 box of colored pencils
1 box of 24 crayons
24 #2 pencils (good quality)
4 large erasers
1 box of washable markers
2 wide ruled spiraled notebooks
Scissors
Bookbag
2 "fun/fancy" folders
8 glue sticks
1 bottle of glue
Pencil box

LABEL ALL RECOMMENDED ITEMS THEY WILL NOT BE SHARED

SUGGESTED DONATED ITEMS

1 box of ziplock bags (quart)
2 boxes of 200 ct facial tissue
1 set of earbuds/headphones (will be their own pair)

SOME OF THESE ITEMS ARE CONSUMABLE AND WE RECOMMEND REPLACING THESE ITEMS PERIODICALLY THROUGHOUT THE YEAR

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THIRD GRADE

RECOMMENDED SUPPLIES

- Book bag (Label)
- 1 box of crayons
- 24 Ticonderoga #2 pencils
- 1 large eraser
- 1 "fun" folder
- 2 highlighters
- 1 box of colored pencils
- 2 plain pocket folders
- 1 pair of scissors
- 4 glue sticks
- 1 box of markers
- 1 pair of earphone or headphones (Label)
- 1 pkg low odor dry erase markers
- 1 pencil box/zipper pouch

LABEL ALL RECOMMENDED ITEMS THEY WILL NOT BE SHARED

SUGGESTED DONATED ITEMS

- 2 boxes of 200 ct facial tissue
- 1 box of ziplock bags (gallon, quart, or sandwich size)

FOURTH GRADE

RECOMMENDED SUPPLIES

- Sharp point, good quality scissors
- 1 box of 24 crayons
- 24 sharpened #2 pencils (NO MECHANICAL) good quality
- 4 large erasers
- 4 plain colored plain pocket folders
- 1 "fun" folder
- 3 1 subject spiral notebook
- 4 glue sticks
- 1 pkg WIDE ruled notebook paper
- 1 pkg highlighters (multiple colors)
- 2 boxes of odorless dry erase markers
- Markers
- Pencil bag or box
- 1 box of colored pencils
- Headphones (Label)
- 1 pkg 3x5 notecards
- 1 bottle of glue

LABEL ALL RECOMMENDED ITEMS THEY WILL NOT BE SHARED

SUGGESTED DONATED ITEMS

- 2 boxes 200 ct facial tissue
- 1 box of ziplock bags (any size)
- Post It notes

FIFTH GRADE

RECOMMENDED SUPPLIES

- 1 box of colored pencils
- 24 #2 pencils (good quality)
- 2 pkgs wide ruled notebook paper
- 1 accordion folder
- 3 wide ruled spiral notebooks
- 1 box of markers
- 2 black felt tip marker pens (1 fine point, 1 ultra fine point)
- Pencil bag (no boxes)
- 1 pkg of highlighters (multiple colors)
- Scissors
- 6 glue sticks
- 2 large erasers
- Bookbag
- 2 red pens

LABEL ALL RECOMMENDED ITEMS THEY WILL NOT BE SHARED

SUGGESTED DONATED ITEMS

- 2 boxes of 200 ct facial tissue

SIXTH GRADE

RECOMMENDED SUPPLIES

- 2 3 subject notebooks
- Accordion folder or trapper keeper w/ folders
- Scissors
- Pencils
- Blue or black pens
- 1 pkg markers
- 1 pkg of colored pencils
- 2 highlighters
- Ruler w/ centimeters & inches
- Glue sticks or bottle
- 1 pkg of notebook paper
- 2 1 subject notebook (at least 100 pages)
- Book covers (optional)
- Pencil box or bag

LABEL ALL RECOMMENDED ITEMS THEY WILL NOT BE SHARED

SUGGESTED DONATED ITEMS

- 2 boxes of 200 ct facial tissue

MID STATES SCHOOL BUS COMPANY
P.O. BOX 164 MURRAY, NE. 68409
OFFICE 402-235-2206

Transportation Managers,
Don and Nancy Schultz

- All bus routes are scheduled by the transportation managers. If you want your child to ride the bus, you MUST register, even if your child rode previously. This is to avoid confusion regarding students who may have moved or are attending another school district.
- New Families may contact the Transportation Office at 402-235-2206 to arrange transportation. There is no charge for transportation at Conestoga.
- It is requested that children are at his or her bus stop five minutes prior to their scheduled time. The bus may arrive 5 minutes prior to your scheduled pickup time or up to 5 minutes after.
- We do require a courtesy phone call if your child is not going to be on the bus in the A.M. One or two miles makes a huge difference in time for our rural routes.
- If your child is only going to ride once or twice a week, we would prefer to have you on our WILL CALL list. If you are not sure if your child will ride the bus this year, complete the Paperwork so your house will be added to a route but, your child will be on the WILL CALL list until you notify transportation that you are ready to become a part of the bus route.

We have had families that Option In from another district request transportation. Our guidelines are:

- If you live on an existing route, you may ride the bus.
- If you live close to an existing route, you may meet the bus and ride.
- The school district will not expand a route to include an option student.

Call 402-235-2206 if you need to find out where the nearest bus route is.



ALL STUDENTS WHO NEED TRANSPORTATION MUST REGISTER, EVEN IF YOU
REGISTERED LAST SCHOOL YEAR.

BUSING SERVICE REQUEST FORM

This form MUST be filled out for ALL busing requests, even if your child(ren) rode the bus previously. If you think that some time during the year you will be using the bus service, please fill out the form and we will put you on the WILL CALL.

Please complete and return to: Mid States School Bus
P.O. Box 164
Murray, NE 68409

Parent/Guardian Name: _____

Residence Address: _____

Home Phone: _____ Work Phone: _____ Cell: _____

Directions from Murray to Residence: (be specific: miles, side of road you live on, etc.)

Children's Names Grade

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Date to begin riding the bus: _____

Additional information that might be helpful while transporting your child(ren) to and from school on the bus:

Conestoga Public Schools contracts busing services through Mid States School Bus, Inc.

Please contact Don or Nancy Schultz at 402-235-2206, if your child(ren) will not be riding the bus or if you have any concerns regarding the busing service you are receiving.

CONESTOGA ASSESSMENT INFORMATION

Welcome to the 2020–2021 school year! While Conestoga has always taken pride in being an innovative school, we are sure to see that even more as we work through this unique time and knowing where our students are at in their learning is more crucial than ever. Conestoga Public Schools utilizes various assessment systems to ensure student growth and mastery of Nebraska State Standards. The results of these assessments allow teachers to prepare instructional strategies that will best engage the students of Conestoga. Although the assessment periods may seem long, we strive to ensure that valuable classroom instruction time is not lost due to “all the testing”. Teachers will inform students of their approaching test date and begin recommendations for testing tips such as a good night’s sleep and an energizing breakfast! Below you will find a brief description of the assessments, the purpose, and the testing windows. If you have any questions regarding the assessments please reach out to me at lbergmeyer@conestogacougars.org

Thank you for supporting the students of Conestoga!
Lisa Bergmeyer
Director of Curriculum, Instruction, and Assessment

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Be there.

**Be there for a kid like me.
Show up. Listen.
Remind me I have unique potential.
Help me see my strengths.**



Mentor a young person once a week at Conestoga. We currently have 6 students who are waiting to be matched with a mentor. Mentoring will be done online at the start of this school year. Online training and support provided. For more information, or to apply online, visit www.teammates.org or email our TeamMates coordinator, Deb Leffler at dleffler@conestogacougars.org. There are many ways to get involved with TeamMates. If you are unable to mentor, consider making a donation or inviting TeamMates to make a presentation at your work, civic group or business.



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JOHN BAYLOR ACT TEST PREP AVAILABLE JR. SR HIGH COUNSELOR, MRS. LAUREL KREIFELS

On-line John Baylor ACT Test Prep is available to all Conestoga students at no charge. This series of on-line videos and support materials can be used any time of the day whenever and wherever students have Internet access. The videos can be viewed on the school-issued device. John Baylor Test Prep has been helping students to raise their ACT scores for over two decades. Conestoga offers this test prep to students free of charge. High School students have had a log in created for them. The username is their school issued email. Most commonly it will be their graduation year, first initial, last name @conestogacougars.org. Example: 2025ssmith@conestogacougars.org. The default password will be conestoga (all lowercase) followed by their lunch ID. Example conestoga5115. If a student is new or having trouble logging in, they can contact Mrs. Kreifels. Once the students have a log-in they can watch tutorials, take practice test, etc., to better prepare them for the ACT. Students are automatically signed up for ACT Fundamentals and ACT Prep.

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2020-2021 CONESTOGA FFA OFFICER TEAM AG TEACHER, MS. TAYLOR

Conestoga FFA elected their 2020–2021 officer team for the upcoming school year.

The officer team includes:
President: Jennifer Sedlacek
Vice President: Lindee Watson
Secretary: Tobias Nolting
Treasurer: Jordan Slafter
Reporter: Evan Svanda
Sentinel: Grant Nickels
Parliamentarian: Dakota Salmon

If you are interested in participating in FFA and taking agricultural education classes during the upcoming school year, contact Ms. Taylor at ktaylor@conestogacougars.org



2020-2021 Conestoga Booster Club Membership Application

Conestoga Booster Club is a non-profit organization that supports all Junior and Senior High students by encouraging School Spirit and Participation by providing support to all activities within our school.

Become a Member Today!

Meetings are held on the first Wednesday of every month at 7:00 p.m. All members receive a reminder email about meeting dates and times with previous meeting minutes attached.

Stay Informed - Follow us on Facebook, Twitter, Team App and through monthly emails.

Examples of Support – Funding for Air Cat volleyball machine, HUDL program for coaches and athletes, athletic uniforms and warm ups, Dr. Dish basketball tool, buzzers for Quiz Bowl, weight room equipment, milk and PB&J program for all strength and conditioning classes, yard signs for 2020 seniors, school record boards and school scholarships. In addition, we organize and provide meals during Parent Teacher Conferences, host events to create awareness and provide recognition of activities, and provide all organizations the opportunity to work concessions (all equipment purchased by the Booster Club) so that they can raise funds for their activity. We expect all organizations and members to help work concessions throughout the year.

Support ALL Conestoga Activities by becoming a Booster Today! Get ONE FREE Activities Pass (Value \$50, free admission to all home activities) by selecting either GOLD Membership Level!

Levels of Participation	Maroon Level \$60	Gold Membership 1 Activity Pass Included Individual \$110	Gold Membership 1 Activity Pass Included Family \$125
One Activity Pass Included			
Booster Club T-Shirt			 x2
Listed on LED Big Screen			
Listed on Sports Rosters			
Exclusive Tailgate Events			
Included on Meeting Emails			
Voting Privileges			

Maroon Membership ☐ \$60	Gold Indiv. Membership ☐ \$110	Gold Family Membership ☐ \$125
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Return form w/check to: Conestoga Booster Club Conestoga Jr/Sr High PO Box 40 Murray NE 68409

Name(s) as they will appear for recognition _____

Address _____

Phone Number _____ Email(s) _____

Student _____ Grade _____ Activities _____

Student _____ Grade _____ Activities _____

Student _____ Grade _____ Activities _____

Size of T-Shirt(s) _____ (Unisex sizing)

CONESTOGA COUGARS ACTIVITIES

ACTIVITIES DIRECTOR, MR. JASON AHRENS



Parents/Guardians of 7th–12th grade students, On June 5th, 2020, after eighty one days away from our campus, students, under new health guidelines, were able to return to our buildings and with them, they brought a sense of energy, excitement and enthusiasm that had been missing from our gyms, fields, and weight room.. As further restrictions were lifted throughout June and July, Cougar athletes had opportunities to strength train, work on sport specific skills and also take part in team development activities. With the guidance from the NSAA, fall sports are set to begin on time, and with that we must begin preparing for school activities for the 2020–2021 school year. To participate in activities at Conestoga students must meet certain requirements. This information and other important information can be found below.

All students in grades 7–12, that participate in an activity are required to pay an annual participation fee this is mandated by the Conestoga School Board Policy 5045. The fee is a one–time fee and is the same amount regardless of how many activities a student participates in. For high school students, it is a \$50 fee and for junior high students the fee is \$30. With this fee, the student will receive an activity pass at the time of payment, that will allow them access to all home sporting events, excluding tournaments, and district competitions. If your family qualifies for the Free and Reduced Lunch Program, this fee may be waived, if the proper paperwork is completed at the Conestoga District Office.

Additional paperwork needed to make sure your son/daughter is able to participate in the first practice of the season includes, a completed physical exam (After May 1, 2020) for all incoming 7th and 9th graders, or a completed physical exam (After May 1, 2019) for all 8th, 10th, 11th and 12th graders, a NSAA Parent Consent form, and school waivers. Students can turn all forms into the coaches of their sport or the high school office. Any student that does not have these completed forms on file with the high school WILL NOT be allowed to participate in practice or contests. The student will still be required to attend practice during this time. The required paperwork can be picked up at the school office or found on the school website at <https://www.conestogacougars.org>; under Activities and Athletics.

FALL SPORTS INFORMATION

If you have a son/daughter in the grades 9–12, that plans on participating in a fall sport, please request membership to their sport specific TeamApp. Fall practices are set to begin on August 10th. If you have any sport specific questions, please direct them to the appropriate coach.

Football– Trent Clausen, tclausen@conestogacougars.org

Softball– Sarah Dewispelare, sdewispelare@conestogacougars.org

Cross Country– Sean Trampe, strampe@conestogacougars.org

Volleyball– Kyleigh Lewis, klewis@conestogacougars.org

Junior High Information

If you have a son/daughter in 7th or 8th grade that plans on participating in football, volleyball, or cross country this fall, their practice will not begin until after the start of the school year. Junior High Football will have a informational meeting after school, on August 18th, the volleyball and Cross Country meeting times will be communicated.

We appreciate the support you give to our student–athletes.

If you have any questions please let me know, jahrens@conestogacougars.org or 402.235.2271

SEASON PASSES

Student Activity Card Covers admission into most extracurricular events. ***Recommended for all students <u>not</u> involved in activities.	\$30.00 (K-8) \$50.00 (9-12) \$50.00 (Adult)
Student Participation Fee The student participation fee includes a student activity card which covers admission into all extracurricular events.	\$30.00 (7-8) \$50.00 (9-12)
The student participation fee is required of all students who participate in athletics and/or extracurricular activities. (Maximum \$200 per family)	

Gate prices: Varsity \$4 students; \$5 adults
Lower Level: \$3 students and 4 adults

STUDENT ACCIDENT INSURANCE FORMS

Insurance is available through Student Assurance Services for Conestoga students, at parent expense. available through each building office. Premium costs for each plan are:

Full-time Coverage no sports	Grades PK-12	\$99.00
Full time Coverage with all interscholastic sports (except 9-12 football	School-time Coverage	\$174.00
School-time Coverage with all sports (except 9-12 football	Grades PK-12	\$16.00
Football Coverage	Gr. 9-12 Football	\$91.00
Coverage		\$250.00
(football, grades 7 & 8 are covered by the All Sports Coverage)	Extended Dental	\$9.00
	Grades PK-12	

All Middle School and High School athletes must show evidence of insurance before any participation in sports is allowed. This insurance policy acts as secondary insurance to existing policies held by families.

NEBRASKA'S CHILDREN'S HEALTH INSURANCE PROGRAM

CHIP is health care coverage for qualified children who are without other health insurance and who do not qualify for Medicaid. Federally called the Children's health Insurance Program (CHIP), it provides the same services covered under Medicaid. For more information about the Nebraska Children's Health Insurance Program, call the toll-free number 1-855-632-7633.

SUMMER STRENGTH & CONDITIONING

COACH MR. TRENTON CLAUSEN AND COACH MR. CHAD SCHMECKPEPER

This summer presented a unique situation for our students and coaches at Conestoga. Luckily, we were able to still offer in-person Strength & Conditioning sessions to our High School students during June and July and to our Jr. High students during the month of July. We offered four High School sessions each day on Mondays, Tuesdays, and Thursdays to allow for space during each session to socially distance. We also offered one session each day on Mondays, Tuesdays, and Thursdays for Jr. High students. Each session consisted of 30 minutes of Agility & Speed Development and 30 minutes of Strength Training. During the sessions we emphasized the goals of minimizing the risk of injury, improving athletic performance, and increasing the ability to accelerate and sprint at maximum velocity. We had an average of 40 High School students that took advantage of sessions each day during the month of June and 31 High School students in July. Our Jr. High group averaged 24 students each day during the month of July.

With a new summer brought on some new tools for our students to utilize. We were lucky enough to add another rack in the Cougar Den that came in very handy with the social distancing guidelines we practiced. We also adopted a new software called Teambuildr that assists with streamlining our training sessions and uptaking data from each training session. Our final addition which was funded by the Booster Club was our Freelap Timing System. The Freelap Timing System allows us to time each sprint repetition a student completes so that we can constantly measure progress and get the best effort on each repetition since the students know they are being timed. With our new timing system we are able to do some fun, competitive, and motivating maximum velocity training which is detailed below. All summer we have been measuring, ranking, and publishing the results of several sprint-based metrics including: 10, 15, and 20 meter fly, 10 yard dash, 40 yard dash, and broad jump. To see these results please check the Strength & Conditioning Team App or follow the Conestoga Track Team on Twitter (@ConestogaTrack)

Athletes that have achieved a certain speed on the track this summer have earned a wristband. Girls can earn wristbands by achieving 16, 17, 18, or 19 MPH while boys can earn a wristband by achieving 19, 20, 21, or 22 MPH. Athletes should feel a sense of accomplishment and therefore should be PROUD to wear these wristbands. Be sure to congratulate any Cougar ATHLETE that you see wearing one of these wristbands.

These are the three reason why we prioritize maximum velocity sprinting and will continue to for Cougar ATHLETES:

- 1) Sprinting increases strength! Increasing strength does not always mean an athlete will get faster, but when an athlete sprints he/she will get stronger. Just think of all the muscle groups involved in getting to and maintaining maximum velocity.
- 2) Increasing maximum velocity increases sub-maximum velocity. Most sports are not played at top speed, but the thing about becoming better at sprinting is that an athlete automatically becomes better at running. An athlete that can run a 4.80 second 40 yd dash can run around the field/court all day 5.00 seconds.
- 3) Increasing maximum velocity increases acceleration. Acceleration is simply a change in velocity, so naturally, if an athlete's maximum velocity increases, his/her acceleration increases as well.

We look forward to carrying the improvements the students have made over the summer into the school year!



Student wristbands:



Freelap Timing System:

CONESTOGA PUBLIC SCHOOLS LUNCH PROGRAM

Welcome back to a new and exciting year! Due to the COVID-19 pandemic and guidance from our local health department the school lunch program is launching the school year off a little differently. This year, each student will be served the same meals exactly as stated on the lunch menu. The only exception will be items substituted for those students with food allergies and intolerances. There will be no choices between menu items as in the past. Purchasing of a la carte items must be done when initially going through the lunch line. There will be no returning for seconds or a la carte purchases.

2020-21 Breakfast and Lunch Pricing

<u>Meal Prices</u>		<u>a la carte Prices</u>	
Student Breakfast	\$2.20	Milk	\$.45
K-6 Student Lunch	\$3.05	Main Dish	\$2.45
7-12 Student Lunch	\$2.70	Vegetables	\$.80
		String Cheese	\$.65
Adult Breakfast	\$2.70	Chips	\$.90
Adult Lunch	\$3.80	Cookies	\$.55

Students are required to have funds available in their lunch account at the beginning of the school year. Funds can be sent with the child in an envelope marked as lunch money or deposited via the online e-Funds payment portal. The link for e-Funds is located on the Conestoga Public Schools website at www.conestogacougars.org located under the "About Us" tab and titled "e-Funds Link". On a mobile device, you may need to select view full site and then click on the menu icon on the top left corner to access the e-funds link. The direct URL for the Conestoga Public Schools e-Funds page is <https://payments.efundsforschools.com/v3/districts/55934/>. In order to establish your e-Funds account, a parent or guardian will need to contact the Food Service Manager, Mary Meisinger at 402-235-2341 or the District Office at 402-235-2992 or 402-227-2992, to request the student numbers for each student in the household. This student number is different from the student's lunch and Powerschool code and allows the parent or guardian to link their payment portal with their student's lunch account. A parent registration guideline is located on the login page and can further assist you with the log on procedure. There are charges assessed to the parent or guardian for using e-Funds. The fee schedule for e-Funds is as follows:

- Credit or Debit Card Payments: Flat fee of \$2.65 per each \$100 transaction.
- ACH Checking or Savings Account Payments: Flat fee of \$1.00 per each \$100 transaction.
- Uncollectible Payment Fee: \$2.50 charged to the school and paid by the parent or guardian.
- Not Sufficient Funds Fee: \$35.00 charges to the school and paid by the parent or guardian

The district assigns every student a lunch code that they key into the computer when they purchase breakfast or lunch each day. Each purchase deducts from their lunch account. As students deplete their lunch account and funds run low, they are alerted by staff that more money is needed in their account. Please provide your email address to the office secretaries if you would like email notifications of low balances. Parents will receive lunch balance alerts if a student's balance is less than \$10.00. This alert could come via a phone call, email, or letter. You may also check your student's lunch balance at any time through Powerschool. Powerschool also has an option that allows you to be sent balance alerts via email. Simply turn on email notifications by clicking the edit button next to your name on the parent screen in Powerschool.

The district has previously encountered a large number of unpaid charges and is unable to allow the practice of charging. However, emergencies can always arise. A call to the school or food service manager by a parent OR the student himself or herself speaking with a food service employee will allow the school to arrange for the student to charge a lunch. An administrator or the food service manager, Mary Meisinger, must clear a charge in an emergency.

The food service personnel and staff on cafeteria duty make sure that every child eats a healthy lunch at school every day. Staff will not approve charging arrangements for a student wanting a la carte items. A la carte items are components of the meal served individually. Examples include seconds of the main dish, fries, vegetables, cookies, etc. A student can purchase a la carte items or "extras" ONLY if they have a positive balance in their account or pay with cash. We do not allow students to run a negative lunch account balance for a la carte items. Please be aware that purchasing a la carte items could cost more than a full meal. Our food service staff will mention to a student that they could save money by getting a full tray rather than a la carte items, but we cannot make them take a full tray instead. It is the parent's responsibility to inform students if they do not want a la carte items purchased.

We are excited to be in the kitchen and looking forward to seeing your faces!

Thank You,

Mary Meisinger, Food Service Director

School Meal Program and Meal Charges

Meal Program. The school district will make a school meal program available to students. The cost of the program will be determined by the board of education so as to make the program as nearly self-supporting as possible. With board approval, the district may contract with a private company or corporation for the management and/or provision of the program.

The district will notify the families with children attending school of the current guidelines for free or reduced-price school meals. A copy of the complete regulations and procedures regarding reduced-price and free meals shall be available in the office of the superintendent.

Meal Charge Policy. The district will notify students and their families of the policy for Charged Meals, meaning meals received by a student when the student does not have money in hand or in his or her food account. This policy applies to students who receive meals at the free, reduced, or full rates.

Notice of this policy must be provided in writing to all households at the start of each school year and to households that transfer to the school during the school year. Notice may be provided through the student handbook, student registration materials, online portal used to access student accounts, direct mailing or e-mail, newsletter, the district website, and/or any other appropriate means. Notice of this policy will also be provided to all school staff responsible for the enforcement of it, including food service professionals responsible for collecting payment for meals at the point of service, staff involved in notifying families of low or negative balances, and other staff involved in enforcing any aspect of this policy.

The district's policy on charged meals is:

If a student has no funds available to pay for a meal, the student will be provided and charged for up to five limited "courtesy meals," such as a plain sandwich. Thereafter, if a student has no funds available to pay for a meal, no food will be provided. Students who qualify for free meals will not be denied a reimbursable meal, even if they have accrued a negative balance from other food purchases. School staff may prohibit any students from charging a la carte or extra items if they do not have cash in hand or their account has a negative balance.

If a student repeatedly lacks funds to purchase a meal, has not brought a meal from home, and is not enrolled in a free meal program, the district will use its resources and contacts to protect the health and safety of the student. Failure or refusal of parents or guardians to provide meals for students may require mandatory reporting to child protection agencies as required by law.

Collection of Delinquent Meal Charge Debt

The school district is required to make reasonable efforts to collect unpaid meal charges. The building principal or his or her designee will contact households about unpaid meal charges and notify them again of the availability of the free and reduced meal program and/or establish payment plans and due dates by telephone, e-mail, or other written or oral communication. If these collection efforts are unsuccessful, the school district may pursue any other methods to collect delinquent debt as allowed by law. Collection efforts may continue into a new school year.


In the event that the Nebraska Department of Education develops a state-level meal charge policy, it shall supersede that portion of this policy.



We offer 1% white milk and skim Strawberry and Chocolate milk as milk choices

This institution is an Equal Opportunity Provider




TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salad Bar offered everyday to all 3rd thru 12th graders			
		K-6 Grade	
18 Chicken Sandwich Tri-Tatars Gold fish Apple Lettuce salad Milk	19 Nachos w/ shredded lettuce & dice tomatoes Corn Strawberries Celery Milk	20 Crispito California Vegetables Frozen Juice Cup Tomatoes Milk	21 Popcorn Chicken Lettuce Salad Pretzel Applesauce Cauliflower Milk
25 Corn Dogs Tatar Tots Watermelon Broccoli Milk	26 Chicken Fried Steak Mashed Potatoes Dinner Roll Pineapple Peppers Milk	27 Fiestada Green Beans Cantaloupe Fruit snack Carrots Milk	28 Personal Pizza Lettuce Salad Bomb Pop Corn Milk



We offer 1% white milk and skim Strawberry and Chocolate milk as milk choices

This institution is an Equal Opportunity Provider



TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salad Bar offered everyday to all 3rd thru 12th graders			
		7-12 Grade	
18 Chicken Sandwich Tri-Tatars Gold fish Apple Lettuce salad Milk	19 Nachos w/ shredded lettuce & dice tomatoes Corn Strawberries Celery Milk	20 Crispito California Vegetables Frozen Juice Cup Tomatoes Milk	21 Popcorn Chicken Lettuce Salad Pretzel Applesauce Cauliflower Milk
25 Corn Dogs Tatar Tots Watermelon Broccoli Milk	26 Chicken Fried Steak Mashed Potatoes Dinner Roll Pineapple Peppers Milk	27 Fiestada Green Beans Cantaloupe Fruit snack Carrots Milk	28 Personal Pizza Lettuce Salad Bomb Pop Corn Milk

Dear Parent/Guardian:

Children need healthy meals to learn. Conestoga Public Schools offers healthy meals every school day. Breakfast costs 2.20 prek-12; lunch costs K-6 \$3.05; 7-12 \$3.30. Your children may qualify for free or reduced price meals. Reduced price is \$.30 cents for breakfast and \$.40 cents for lunch. If your child(ren) qualified for free or reduced price meals at the end of last school year, you must submit a new application by October 7, 2020 in order to avoid an interruption in meal benefits.

This packet includes an application for free or reduced price meal benefits and a set of detailed instructions. Below are some common questions and answers to help you with the application process.

1. WHO CAN GET FREE OR REDUCED PRICE MEALS?

- All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) or the Food Distribution Program on Indian Reservations (FDPIR) are eligible for free meals.
- Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
- Children participating in their school's Head Start program are eligible for free meals.
- Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- Children may receive free or reduced price meals if your household's income is within the limits on the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail Dr. Beth Johnsen, Superintendent, homeless liaison or migrant coordinator, 402.235.2992 or 402.227.2992; bjohnsen@conestogacougars.org

3. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. Use one Free and Reduced Price School Meals Application for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: Conestoga District Office 8404 42nd St, Murray, NE 68409; 402.235.2992 or 402.227.2992

4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact Conestoga District Office 8404 42nd St, Murray, NE 68409; 402.235.2992 or 402.227.2992 immediately.

5. CAN I APPLY ONLINE? You are encouraged to complete an online application instead of a paper application if your school district makes this option available. Conestoga does not have an online application. You may email a completed application to ntrofnolz@conestogacougars.org or fax to 1.402.227.2992. A copy of the application is available at www.conestogacougars.org

6. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child's application is only good for that school year and for the first few days of this school

7. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please send in an application.

8. WILL THE INFORMATION I GIVE BE CHECKED? Yes. We may also ask you to send written proof of the household income you report.

9. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.

10. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to: Dr. Beth Johnsen, 402.235.2992 or 402.227.2992. Or Scott Moore, Board President 402.235.2953

11. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced price meals.

12. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$600, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.

13. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.

14. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.

15. WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a separate piece of paper, and attach it to your application. Contact Conestoga District Office 402.235.2992 or 402.227.2992 to receive a second application.

16. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for SNAP or other assistance benefits, please go online to ACCESSNebraska.ne.gov or call 1-800-383-4278.

If you have other questions or need help, call Neleigh Trofnolz at 402.235.2992 or 402.227.2992.

Sincerely,

Dr. Beth Johnsen,
Superintendent |

Instructions for Completing the Free & Reduced Price School Meals Family Application

For households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) or the Food Distribution Program on Indian Reservations (FDP/IR), follow these instructions:

- Part 1: List each child's name, the school they attend and their grade.
 Part 2: Enter household's Master Case Number if the household qualifies for SNAP, TANF or FDP/IR.
 Part 3: Skip this part.
 Part 4: Complete this part. An adult must sign the form.
 Part 5: This part is optional and does not affect your children's eligibility for free or reduced price meals. If you do not select race or ethnicity, one may be selected based on visual observation.

For households with FOSTER, HOMELESS, MIGRANT or RUNAWAY CHILDREN, follow these instructions:

- If all children in the household are foster children:
 Part 1: List all foster children, the school they attend and their grade. Check the box indicating the child is a foster child.
 Part 2: Skip this part.
 Part 3: Skip this part.
 Part 4: Complete this part. An adult must sign the form.
 Part 5: This part is optional and does not affect your children's eligibility for free or reduced price meals. If you do not select race or ethnicity, one may be selected based on visual observation.

If some of the children in the household are foster children or are homeless, migrant or runaway children:

- Part 1: List all children, the school they attend and their grade. Check the appropriate box.
 Part 2: If the household does not have a Master Case Number, skip this part.
 Part 3: Follow these instructions to report total household income from last month.
 Column 1 – Household Members: List the first and last name of each person living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. Attach another sheet of paper if necessary.
 Column 2 - Gross Income and How Often it was Received: Gross income is the amount earned before taxes and other deductions; it is not your take-home pay. For each household member, list each type of income received for the month. You must also report how often the money is received – weekly, every other week, twice a month, or monthly.

Earnings from Work includes the following:

- Salary, wages, cash bonuses
- Net income from self-employment (farm or business)

If you are in the U.S. Military, include:

- Basic pay and cash bonuses (do not include combat pay, Family Subsistence Supplemental Allowance (FSSA) payments or privatized housing allowances)
- Allowances for off-base housing, food and clothing

Do not include income from SNAP, FDP/IR, WIC, Federal education benefits and foster care payments.

Public Assistance/Child Support/Alimony includes the following:

- Unemployment benefits, Worker's compensation
- Supplemental Security Income (SSI), Cash assistance from state or local government
- Veteran's benefits (VA benefits), Strike benefits
- Child support payments, Alimony payments

Pensions/Retirement/All Other Income includes the following:

- Social Security payments (including railroad retirement and black lung benefits)
- Private pensions or Disability benefits
- Regular income from trusts or estates, Annuities, Investment income, Earned interest, Rental income
- Regular cash payments received from outside the household.

If you have no income, write "0" or leave the income field blank. By doing this, you are certifying there is no income to report.

Household Size: Enter the total number of people in your household.

Social Security Number: The adult signing the form must list the last four digits of their Social Security Number (SSN) or check the box to the right labeled "Check if no SSN."

- Part 4: Complete this part. An adult must sign the form.
 Part 5: This part is optional and does not affect your children's eligibility for free or reduced price meals. If you do not select race or ethnicity, one may be selected based on visual observation.

Please note: Children who meet the definition of homeless, migrant or runaway, are eligible for free meals. However, the school district must have documentation on file from a migrant coordinator, homeless/runaway liaison or the district's Direct Certification list to approve the child for free meals.

For ALL other households, follow these instructions:

- Part 1: List all children, the school they attend and their grade.
 Part 2: If the household does not have a Master Case Number, skip this part.
 Part 3: Follow these instructions to report total household income from last month.
 Column 1 – Household Members: List the first and last name of each person living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. Attach another sheet of paper if necessary.

Column 2 - Gross Income and How Often it was Received: Gross income is the amount earned before taxes and other deductions; it is not your take-home pay. For each household member, list each type of income received for the month. You must also report how often the money is received – weekly, every other week, twice a month, or monthly.

Earnings from Work includes the following:

- Salary, wages, cash bonuses
- Net income from self-employment (farm or business)

If you are in the U.S. Military, include:

- Basic pay and cash bonuses (do not include combat pay, Family Subsistence Supplemental Allowance (FSSA) payments or privatized housing allowances)
- Allowances for off-base housing, food and clothing

Do not include income from SNAP, FDP/IR, WIC, Federal education benefits and foster care payments.

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- Social Security payments (including railroad retirement and black lung benefits)
- Private pensions or Disability benefits
- Regular income from trusts or estates, Annuities, Investment income, Earned interest, Rental income
- Regular cash payments received from outside the household.

If you have no income, write "0" or leave the income field blank. By doing this, you are certifying there is no income to report.

Household Size: Enter the total number of people in your household.

Social Security Number: The adult signing the form must list the last four digits of their Social Security Number (SSN) or check the box to the right labeled "Check if no SSN."

- Part 4: Complete this part. An adult must sign the form.
 Part 5: This part is optional and does not affect your children's eligibility for free or reduced price meals. If you do not select race or ethnicity, one may be selected based on visual observation.

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

FEDERAL INCOME CHART for School Year 2020-21					
Household size	Yearly	Monthly	Twice per Month	Every Two Weeks	Weekly
1	23,606	1,968	984	908	454
2	31,894	2,658	1,329	1,227	614
3	40,182	3,349	1,675	1,546	773
4	48,470	4,040	2,020	1,865	933
5	56,758	4,730	2,365	2,183	1,092
6	65,046	5,421	2,711	2,502	1,251
7	73,334	6,112	3,056	2,821	1,411
8	81,622	6,802	3,401	3,140	1,570
Each additional person:	8,288	691	346	319	160

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number are not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals and for administration and enforcement of the lunch and breakfast programs. We may share your eligibility information with education, health and nutrition programs to help them evaluate, fund or determine benefits for their programs, auditors for program reviews and law enforcement officials to help them look into violations of program rules.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410
- (2) Fax: (202) 690-7442; or
- (3) Email: program.intake@usda.gov

This institution is an equal opportunity provider.

Return Completed Application to:

Conestoga Public Schools

Part 1: Children in School

List names of all children in school (First, Middle Initial, Last).
If all children listed are foster, skip to Part 4 to sign the form.
If some of the children are foster or are homeless, migrant or runaway children, complete all steps of the application.

Grade

Name of School Child Attends

Check all that apply:
Foster Child Homeless, Migrant, Runaway

☐☐☐☐☐☐☐☐☐☐**Part 2: Assistance Programs – SNAP, TANF or FDPIR Benefits**

Enter MASTER CASE NUMBER if household qualifies for SNAP, TANF or FDPIR:

(Social Security numbers, Medicaid numbers and EBT numbers are not accepted.) Skip to Part 4

Part 3: Total Household Gross Income – You must tell us how much and how often.**1. Household Members**

List everyone in the household, current income each person earns in whole dollars (no cents) & how often. Entering "0" or leaving the income field blank certifies no income to report. A foster child's personal use income must be listed.

2. Gross Income (before taxes) and How Often it was Received

Earnings from Work before deductions

Public Assistance, Child Support, Alimony

Pensions, Retirement and All Other Income

Income

How often

Income

How often

Income

How often

Total Number of Household Members:
(Children and Adults)

Last four digits of Social Security Number (SSN) of the adult signing this form: XXX – XXX –

Check if no SSN ☐**Part 4: Adult Signature and Contact Information – An adult household member must sign the application.**

"I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits and I may be prosecuted under applicable State and Federal laws."

Sign here:

Print name:

Date:

Street Address (if available):

Zip:

Daytime
Phone:

Part 5: Children's Ethnic and Racial Identities – Optional

Check one Ethnic Identity: – and – Check one or more Racial Identities:

☐ Hispanic or Latino☐ Asian☐ Black or African American

☐ Native Hawaiian or
other Pacific Islander

☐ Not Hispanic or Latino☐ White☐ American Indian or Alaskan Native**Do Not Fill Out the Section Below - For School Use Only**

Annual Income Conversion:

Weekly X 52;

Every 2 weeks X 26;

Twice a month X 24;

Monthly X 12

Total Household Size:

☐ Free☐ Reduced☐ Denied☐ Income

Reason for denial:

☐ Categorically eligible:☐ Income too high☐ SNAP/TANF/FDPIR☐ Incomplete application☐ Foster Child☐ Homeless/Migrant/Runaway:

(Official Documentation Required at School)

Signature of Determining Official:

Date Approved:

FOR THE VERIFICATION PROCESS ONLY:

Signature of Confirming Official:

Date Confirmed:

Date Withdrawn
From School:

Signature of Verifying Official:

Date Verified:

Free & Reduced Price School Meals Family Application – complete one application per household Attachment C: 2020-21
Sharing Information with Other Programs - Optional

Dear Parent/Guardian:

To save you time and effort, the information you gave on your Free and Reduced-Price School Meals Application may be shared with other programs for which your children may qualify.

For the following programs, we must have your permission to share your information. Sending in this form will not change whether your children get free or reduced price meals.

Yes! I DO want school officials to share information from my Free and Reduced Price School Meals Application with any of the following associated fees per activity and/or grade. Please check appropriate selection.

- ☐ Conestoga Activity Fee (Student Season Pass, as determined in Policy #5045 Student Fees)
- ☐ Conestoga Participation Fee for extracurricular activities or athletics (Student Season Pass, as determined in Policy #5045 Student Fee)
- ☐ PSAT Test (Preliminary SAT, 11th grade)
- ☐ ACT Test (American College Testing, grades 9-12)
- ☐ Duke TIP (7th grade)
- ☐ Field Trips
- ☐ Music, Band and Vocal
- ☐ Laptop/Ipad Consent/Usage Fee
- ☐ Backpack Lunch Program
- ☐ Scholarships
- ☐ Cheer or Dance Team
- ☐ Ag Program

If you checked “yes” to any or all of the boxes above, complete the following form to ensure that your information is shared for the child(ren) listed below. Your information will be shared only with the programs you checked.

Child's Name:		School:	
Child's Name:		School:	
Child's Name:		School:	
Child's Name:		School:	
Signature of Parent/Guardian:		Date:	
Printed Name:			
Address:			

For more information, you may call **Neleigh Trofholz** or **Dr. Beth Johnsen** at 402-235-2992; 402-227-2992 or email at ntrofholz@conestogaps.org
Return this form to 8404 42nd St, P.O. Box 184, Murray, NE 68409 by or before the first date of attendance.

CENSUS UPDATES NEW TO THE AREA?? MOVED RECENTLY??

Conestoga Public Schools strives to keep informed of the changing needs of the community and its population. The Nebraska Department of Education mandates a census of all children age 5–18, to be taken and reported during the summer for this purpose.

Are you new to the area? Is there a change in your household?

We would appreciate you taking a few minutes to call the District office with the information
402–235–2992.

Complete this form and mail it to the district office; P0 Box 184 Murray, NE 68409

or

Email ntrofholz@conestogacougars.org

Thank you for your cooperation and we look forward to hearing from you!

Adult Household Member: _____

Adult Household Member: _____

Address (physical and mailing): _____

Phone: _____

Names of Children Under 21 living at home.	Code	Sex: M or F	Date of Birth
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Code: P– Public School NP–Non Public School H–Home School C–College I–Idle

SCHOOL CLOSINGS

During the course of the year, there may be times when it is necessary to start school late, dismiss early, or not have school at all. (Weather, emergencies, etc.). When this is necessary, every effort will be made to get announcements out early.

Please do not call administrators or other school personnel at home. This will only tie up their phone lines and prevent them from making all the necessary calls to get the closing messages distributed.

Local television and radio stations telecast announcements pertaining to schedule changes or closings.

An automated calling service (ParentSquare) is used by the district to notify families of important school information (closings, late starts, early dismissals, or even information the patrons of the district need to know). This calling service is generated from the phone numbers in the PowerSchool program. It is important to keep your information current with the school offices.

2020-2021 CONESTOGA SCHOOL DISTRICT CALENDAR

July 2020							July		January 2021							January		16S/17T										
Su	M	Tu	W	Th	F	Sa	SUMMER BREAK							Su	M	Tu	W	Th	F	Sa	Jan. 4 - Staff Development Day Jan. 5 - 2nd Semester Begins							
				1	2	3								4													1	2
5	6	7	8	9	10	11								3	4	5	6	7	8	9								
12	13	14	15	16	17	18								10	11	12	13	14	15	16								
19	20	21	22	23	24	25								17	18	19	20	21	22	23								
26	27	28	29	30	31									24	25	26	27	28	29	30								
														31														
August 2020							August		8S/15T		February 2021							February		16S/17T								
Su	M	Tu	W	Th	F	Sa	Aug. 5 - New Teacher Day Aug. 6-14 - Staff Development Day Aug. 13 - Open House Aug. 18 - 1st Day of School/Early Dismissal							Su	M	Tu	W	Th	F	Sa	Feb 15 - Monday In Session Feb 19 - No School Feb. 22 - Parent Teacher Conferences							
						1									1	2	3	4	5	6								
2	3	4	5	6	7	8								7	8	9	10	11	12	13								
9	10	11	12	13	14	15								14	15	16	17	18	19	20								
16	17	18	19	20	21	22								21	22	23	24	25	26	27								
23	24	25	26	27	28	29								28														
30	31																											
September 2020							September		18S/20T		March 2021							March		18S/18T								
Su	M	Tu	W	Th	F	Sa	Sept. 14 - Staff Development Day Sept 28 - Staff Development Day							Su	M	Tu	W	Th	F	Sa	Mar. 1 & Mar. 29- Monday In Session Mar. 4 & Mar. 5 - NO SCHOOL Mar. 12 - End of 3rd Quarter							
			1	2	3	4								5		1	2	3	4	5					6			
6	7	8	9	10	11	12								7	8	9	10	11	12	13								
13	14	15	16	17	18	19								14	15	16	17	18	19	20								
20	21	22	23	24	25	26								21	22	23	24	25	26	27								
27	28	29	30											28	29	30	31											
October 2020							October		18S/20T		April 2021							April		17S/17T								
Su	M	Tu	W	Th	F	Sa	Oct. 5 - Staff Development Day (FLEX) Oct. 16 - End of First Quarter Oct. 19 - Parent Teacher Conferences							Su	M	Tu	W	Th	F	Sa	Apr. 2 - NO SCHOOL							
				1	2	3												1	2	3								
4	5	6	7	8	9	10								4	5	6	7	8	9	10								
11	12	13	14	15	16	17								11	12	13	14	15	16	17								
18	19	20	21	22	23	24								18	19	20	21	22	23	24								
25	26	27	28	29	30	31								25	26	27	28	29	30	31								
November 2020							November		15S/16T		May 2021							May		11S/11T								
Su	M	Tu	W	Th	F	Sa	Nov. 9 - Staff Development Day (FLEX) Nov. 23 - Monday In Session Nov. 25 - Early Dismissal Nov. 26 & 27 - NO SCHOOL							Su	M	Tu	W	Th	F	Sa	May 8- Graduation May 20 - Students Last Day May 20 - Early Dismissal							
1	2	3	4	5	6	7														1								
8	9	10	11	12	13	14								2	3	4	5	6	7	8								
15	16	17	18	19	20	21								9	10	11	12	13	14	15								
22	23	24	25	26	27	28								16	17	18	19	20	21	22								
29	30													23	24	25	26	27	28	29								
													30	31														
December 2020							December		12S/13T		June 2021							June		SUMMER BREAK								
Su	M	Tu	W	Th	F	Sa	Dec. 7 - Staff Development Day (FLEX) Dec. 18 - End of 1st Semester/ 2nd Quarter Dec. 18 - Early Dismissal							Su	M	Tu	W	Th	F	Sa	SUMMER BREAK							
		1	2	3	4	5										1	2	3	4	5								
6	7	8	9	10	11	12								6	7	8	9	10	11	12								
13	14	15	16	17	18	19								13	14	15	16	17	18	19								
20	21	22	23	24	25	26								20	21	22	23	24	25	26								
27	28	29	30	31										27	28	29	30											

- Open House
- Monday School Day
- School In Session
- No School
- Early Dismissal
- New Teacher Day

Elementary School Hours: 8:00 - 3:45
 High School Hours: 7:50 - 4:00
 K-6 Early Dismissal: 1:45
 7-12 Early Dismissal: 2:00

Elementary: (402) 235-2341; (402) 227-2275
 Jr.-Sr. High: (402) 235-2271; (402) 227-3745
 District: (402) 235-2992; (402) 227-2992
 Transportation: (402) 235-2206

Teacher Days = 164 Student Days = 149

1st Quarter - August 18 - October 16 = 36 days
 2nd Quarter - October 20 - December 18 = 35 days
 3rd Quarter - January 5 - March 12 = 39 days
 4th Quarter - March 9 - May 21 = 39 days

First Semester = 71 days
 Second Semester = 78 days



Conestoga Public Schools
P.O. Box 184
Murray, NE 68409-0184

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